

### **Abstract**

Remedies for allergic diseases obtained by mixing shoots of plants belonging to the family *Pinaceae* with water and saccharides followed by spontaneous fermentation. As the plants belonging to the family *Pinaceae*, it is preferable to use plants belonging to the genus *Pinus*. These remedies, which enable complete recovery in a short administration time without showing any side effects, are useful as remedies for allergic diseases, in particular, asthma and atopic dermatitis. Also, a yeast isolated from these remedies for allergic diseases is provided.